

ATHLETIC DEPARTMENT
SEATTLE PUBLIC SCHOOLS

ATHLETIC/ACTIVITY SUBSTANCE USE POLICY

Student athletes of the Seattle School District shall not possess, use, sell, give, or otherwise transmit, or be under the influence of any drug, or counterfeit drugs, the possession of which is prohibited by law. This includes narcotics, hallucinogenic drugs, amphetamines, steroids, cocaine or intoxicants of any kind. The use or possession of any *alcohol*/tobacco product is also prohibited.

This policy will be subject to enforcement and/or disciplinary action by the school for *the sport season*.

Violation:

Selling or distributing any quantity of illegal drugs, counterfeit drugs or controlled substances.

Consequence

- ⌘ Exclusion from all athletic participation for one (1) calendar year. Law enforcement contacted.

Violation:

Possession, use, distribution, transmittal, being under the influence of any drug or counterfeit drugs.

Consequence

- ⌘ Immediate exclusion from the team for 20% of contests. If less than 20 percent of contests remain, there will be a carryover into the next sport played including the following year so that the total exclusion is at level 20 percent. During a 20% exclusion period, the athlete may continue to participate in all team activities and attend but not dress for contest.
- ⌘ No athletic participation for one (1) calendar year, unless the athlete and parents agree to participate in and complete assessment and education under the direction of a *substance abuse* education program that has been approved by the school or district.

Second and Subsequent Violations:

Consequence

- ⌘ Exclusion from all athletic participation for one (1) calendar year.

Self-Referral by Student Athlete

Student athletes may take advantage of a self-referral procedure to seek information, guidance, counseling and assessment in regard to student athlete use of tobacco, alcohol and other drugs. Voluntary referrals do not carry punitive consequences.

- ⌘ Referral is allowed one (1) time in a student's four-year high school career (three-year middle school).
- ⌘ Referral must be only by the athlete or a member of the immediate family.
- ⌘ Referral cannot be used by athlete as a method to avoid consequences once a conduct rule is violated and a student has been identified as having violated one of the conduct rules.
- ⌘ Referral must be made to coach, activity coordinator, teacher, administrator, guidance counselor, or the district/school drug ad alcohol education coordinator.

Communication of the Policy and Procedures:

At the beginning of each season/activity, the coach/advisor will review the policy at a meeting for participants and parents/guardians. Written communication may be used to inform parents/guardians.

Appeal Procedure:

Student Athletes and/or their parent/guardian wishing to appeal this policy must first appeal to the school site (principal) and then the Coordinator of Athletics.